

HEATH MOUNT PRIMARY MENU

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

WEEK 1

02/09, 23/09, 14/10, 11/11, 09/12

MONDAY

Lamb Biryani.
Served with Naan Bread

Vegetable Biryani
Served with Naan Bread (V)

Battered Fish
Served with Potato Wedges

Veg of the Day

1/2 Waffle with Toffee Sauce
Fresh Fruit/Jelly

THURSDAY

Homemade Jerk Chicken & Sweet Pepper Pizza

Homemade Margherita Pizza (V)

Chipped Potatoes
Veg of the Day

Pancake & Sauces
Fresh Fruit/Jelly

WEEK 2

09/09, 30/09, 21/10, 18/11, 16/12

MONDAY

Chicken Tikka Fillet or Vegetable Tikka Curry (V)
Served with Boiled Rice & Naan Bread

Sea Stars
Served with Lemon Wedge & Tartare Sauce

Pomme Noisette
Veg of the Day

Ice Cream
Fresh Fruit/Jelly

THURSDAY

Homemade Cajun Chicken Pizza

Homemade Margherita Pizza (V)

Chipped Potatoes
Veg of the Day

Strawberry Mousse
with Sprinkles/Fresh Fruit/Jelly

WEEK 3

16/09, 07/10, 04/11, 25/11, 02/12

MONDAY

Homemade Chicken & Leek Pie

Fish Fingers
Served with Lemon Wedge & Tartare Sauce

Vegetarian Sausage (V)

Spiced Potato Wedges
Veg of the Day

Raspberry & Vanilla Ice Cream Cake
Fresh Fruit/Jelly

ALL MEALS ARE HALAL

THURSDAY

Spicy Beef Pizza
with a Sweet Chilli Dip

Margherita Pizza (V)

Chipped Potatoes
Veg of the Day

Lemon Drizzle Cake
Fresh Fruit/Jelly

TUESDAY

Spaghetti Bolognese
Served with a Garlic Slice

Cheese, Leek & Potato Pie (V)

Herb Diced Potatoes
Veg of the Day

Chocolate & Beetroot Brownie
Custard/ Fresh Fruit/Jelly

FRIDAY

Cottage Pie

Vegetable Spring Rolls,
Served with Noodles & Oriental Vegetables (V)

Veg of the Day

Chocolate Cornflake Cake
Fresh Fruit/Jelly

TUESDAY

Homemade Beef or Vegetable Lasagne (V)
Served with a Garlic Slice

Chicken or Vegetarian Sausage (V) Hot Dog
Served with Ketchup or Chilli Sauce

Sauté Potatoes
Veg of the Day

Syrup Sponge & Custard
Fresh Fruit/Jelly

FRIDAY

Fish Pie

Mediterranean Vegetable Pasta
with Garlic Flatbread (V)

New Potatoes
Veg of the Day

Carrot Cake
Fresh Fruit/Jelly

TUESDAY

Chicken Burger

Vegetable Burger (V)

Paprika Sauté Potatoes
Veg of the Day

Chocolate Concrete
with Custard/Fresh Fruit/Jelly

FRIDAY

Chinese Chicken Curry
Served with Steamed Rice

Vegetable Samosa
Served with Steamed Rice & Curry Sauce (V)

Five Spice Wedges
Veg of the Day

Fruit Shortbread
Fresh Fruit/Jelly

WEDNESDAY

Chicken Sausage
Served with Onion Gravy

Fishless Fingers
Served with Lemon Wedge & Tartare Sauce (V)

Mashed Potatoes
Veg of the Day

Cherry Flapjack
Fresh Fruit/Jelly

WEDNESDAY

Shepherds Pie

Vegetable Casserole (V)

Battered Fish

Rosemary Diced Potatoes
Veg of the Day

Chocolate Chip Cookie
Fresh Fruit/Jelly

WEDNESDAY

Roast Beef

3 Cheese & Roast Vegetable Parsley Pasta Bake (V)

Crunchy Roasts
Veg of the Day

Ice Lolly
Fresh Fruit/Jelly

AVAILABLE DAILY

Fresh Salad Cart

Jacket Potato
with Fillings



STAY HYDRATED