

# HEATH MOUNT PRIMARY MENU

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

## WEEK 1

06/01, 27/01, 24/02, 17/03, 07/04

### MONDAY

Lamb Biryani.  
Served with Naan Bread

Vegetable Biryani  
Served with Naan Bread (V)

Battered Fish  
Served with Potato Wedges

Veg of the Day

1/2 Waffle with Toffee Sauce  
Fresh Fruit/Jelly

### THURSDAY

Homemade Jerk Chicken & Sweet Pepper Pizza

Homemade Margherita Pizza (V)

Chipped Potatoes  
Veg of the Day

Pancake & Sauces  
Fresh Fruit/Jelly

## WEEK 2

13/01, 03/02, 03/03, 24/03

### MONDAY

Chicken Tikka Fillet or Vegetable Tikka Curry (V)  
Served with Boiled Rice & Naan Bread

Sea Stars  
Served with Lemon Wedge & Tartare Sauce

Pomme Noisette  
Veg of the Day

Ice Cream  
Fresh Fruit/Jelly

### THURSDAY

Homemade Cajun Chicken Pizza

Homemade Margherita Pizza (V)

Chipped Potatoes  
Veg of the Day

Strawberry Mousse  
with Sprinkles/Fresh Fruit/Jelly

## WEEK 3

20/01, 10/02, 10/03, 31/03

### MONDAY

Homemade Chicken & Leek Pie

Fish Fingers  
Served with Lemon Wedge & Tartare Sauce

Vegetarian Sausage (V)

Spiced Potato Wedges  
Veg of the Day

Raspberry & Vanilla Ice Cream Cake  
Fresh Fruit/Jelly

ALL MEALS ARE HALAL

### THURSDAY

Spicy Beef Pizza  
with a Sweet Chilli Dip

Margherita Pizza (V)

Chipped Potatoes  
Veg of the Day

Lemon Drizzle Cake  
Fresh Fruit/Jelly

### TUESDAY

Spaghetti Bolognese  
Served with a Garlic Slice

Cheese, Leek & Potato Pie (V)

Herb Diced Potatoes  
Veg of the Day

Chocolate & Beetroot Brownie  
Custard/ Fresh Fruit/Jelly

### FRIDAY

Cottage Pie

Vegetable Spring Rolls,  
Served with Noodles & Oriental Vegetables (V)

Veg of the Day

Chocolate Cornflake Cake  
Fresh Fruit/Jelly

### TUESDAY

Homemade Beef or Vegetable Lasagne (V)  
Served with a Garlic Slice

Chicken or Vegetarian Sausage (V) Hot Dog  
Served with Ketchup or Chilli Sauce

Sauté Potatoes  
Veg of the Day

Syrup Sponge & Custard  
Fresh Fruit/Jelly

### FRIDAY

Fish Pie

Mediterranean Vegetable Pasta  
with Garlic Flatbread (V)

New Potatoes  
Veg of the Day

Carrot Cake  
Fresh Fruit/Jelly

### TUESDAY

Chicken Burger

Vegetable Burger (V)

Paprika Sauté Potatoes  
Veg of the Day

Chocolate Concrete  
with Custard/Fresh Fruit/Jelly

### FRIDAY

Chinese Chicken Curry  
Served with Steamed Rice

Vegetable Samosa  
Served with Steamed Rice & Curry Sauce (V)

Five Spice Wedges  
Veg of the Day

Fruit Shortbread  
Fresh Fruit/Jelly

### WEDNESDAY

Chicken Sausage  
Served with Onion Gravy

Fishless Fingers  
Served with Lemon Wedge & Tartare Sauce (V)

Mashed Potatoes  
Veg of the Day

Cherry Flapjack  
Fresh Fruit/Jelly

### WEDNESDAY

Shepherds Pie

Vegetable Casserole (V)

Battered Fish

Rosemary Diced Potatoes  
Veg of the Day

Chocolate Chip Cookie  
Fresh Fruit/Jelly

### WEDNESDAY

Roast Beef

3 Cheese & Roast Vegetable Parsley Pasta Bake (V)

Crunchy Roasts  
Veg of the Day

Marble Sponge  
Fresh Fruit/Jelly

### AVAILABLE DAILY

Fresh Salad Cart

Jacket Potato  
with Fillings



STAY  
HYDRATED