



Heath Mount Relationships Policy

Rationale, Inclusive vision statement

Heath Mount School will give pupils the knowledge, skills and understanding they need to lead confident, healthy independent lives and to become respectful, active and responsible global citizens. We are preparing children for life in modern Britain, developing and deepening their understanding of fundamental British values of democracy, individual liberty, rule of law, and mutual respect and tolerance. We believe all our pupils can leave our schools confident and assured of their place in this diverse and changing world.

Definition

Relationship Education is compulsory in all primary schools from September 2020. DfE guidance (2019) states that primary schools must “put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships in all contexts including online.” The Heath Mount ethos helps to “foster pupil wellbeing and develop resilience and character”, developing, “personal attributes including kindness, integrity, generosity and honesty” (*DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education: Foreword*) at an age-appropriate level.

Aims

At Heath Mount School we will deliver Relationship Education within our Personal Development curriculum. Our aims in Relationship Education are to:

- Develop skills and attitudes in our pupils that will enable them to participate fully and contribute positively whilst thriving in modern Britain.
- “To put in place the building blocks needed for positive and safe relationships of all kinds.” (*DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education: FAQs*)
- Ensure that pupils understand Britain is a country rich in diversity and difference. Individual characteristics make people unique; everyone has differences, and everyone is welcome in our school.
- Develop an inclusive environment with an understanding and appreciation of British Values: democracy, rule of law, individual liberty, mutual respect and understanding for those with different faith or belief and those without faith.
- Provide clear information to parents and carers about the Relationship Education curriculum and content in an accessible way so that they can support what their child is learning in school with their own teaching at home.
- Ask for feedback on this Relationship Education policy from parents and carers before it is ratified by Governors and in the future when it is amended. We welcome constructive dialogue so that we reach a mutual understanding of the aims. We will provide opportunities for parents and carers to air their views about our curriculum and we will consider all views given.
- Provide opportunities for parents and carers to join the school in the delivery of Relationship Education. This will be achieved through parent workshops where materials will be shared each year.

- Enable pupils to reflect on their own experiences, considering how they are developing character, personally and socially. Teach co-operation skills where pupils behave with integrity, feeling confident about their emerging selves and how they can contribute to school and to society.
- Enable children to reflect on their own mental health and consider how their actions affect the mental health of others.
- Provide opportunities for pupils to explore attitudes and beliefs that are different to their own or those of their family.
- Provide opportunities for pupils to consider the meaning and value of community and community cohesion in Britain today. To understand that communities are made up of people with diverse characteristics, for example, disabilities, ethnicities, sex, sexual orientation, faith, age. British communities are diverse, and difference is a positive not a negative.
- Develop an understanding of the different families that exist in Britain today including families with same sex parents. The DfE guidance (September 2020) says, "Primary schools are strongly encouraged and enabled, when teaching about different families, to include families with same sex parents." Keeping Children Safe in Education guidance 2024 states, "A child who is perceived by other children to be lesbian, gay or bisexual (whether they are or not,) can be just as vulnerable as children who are". At Heath Mount School we will ensure children have an understanding of the diversity that exists in Birmingham, while at the same time acknowledging faith and belief they might hold.
- Ensure all pupils receive the support and respect they need as they move through the school and provide the skills to show empathy and support to peers if and when it is needed. The DfE guidance states, "Teachers should always seek to treat individual students with sympathy and support."
- Develop an understanding of the protected characteristics listed in the Equality Act 2010 and gain a historical perspective of how equality and freedoms for all groups facing discrimination have been won over time and should not be taken for granted.
- Learn to understand, accept and respect a diverse community as something that generates benefits for all members. Develop an enthusiasm for diversity and difference in order to thrive as part of a vibrant and cohesive British society, therefore being resilient to potential radicalisation in later life.

Planning

Relationship Education, as part of the Personal Development curriculum, is delivered by class teachers through weekly lessons in each year group and through Rights Respecting Schools sessions. It can also be delivered through weekly assemblies linked to oracy, where children discuss images taken from current news stories and relate those stories to their own lives while exploring and considering the lives of others. We will include images used in our oracy assemblies in the weekly newsletter so that parents can continue discussions at home should they wish.

Planning will be provided for each school in the Trust. The Trust is responsible for ensuring the Excelsior equality ethos is delivered, and will agree with the Head Teacher, SLT and governors the planning to use.

Equality of Opportunity

At Heath Mount School, we consider that all pupils and adults should have equal access to Relationship Education, regardless of gender, race, faith, age, disability, sexual orientation, or gender identity.

We will ensure where support is needed for a pupil with additional needs to access a Relationship Education lesson, it is provided.

[The right to withdraw](#)

Children may not be withdrawn from Relationship Education lessons. There is no reference to sex or reproduction in Relationship Education lessons. Parents are invited to view any new materials being used to teach Relationships Education as and when they are introduced.

[Assessment, record keeping and monitoring](#)

Whole school questionnaires and pupil voice interviews held by members of the Senior Leadership Team in each school and the Trust will enable each school to assess attitudes and understanding of the curriculum and school ethos.

Regular book monitoring will also take place along with observations through learning walks and informal pop-ins.

[Resources](#)

At Heath Mount School our planning is based on the Excelsior MAT resources, which we have adapted to fit the needs of our pupils.

Parents will have the opportunity to view resources should they wish, during a mutually suitable time.

[Staff training](#)

Staff will receive Continual Professional Development each year to ensure all staff are confident in their teaching.

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