

# HEATH MOUNT PRIMARY SCHOOL



## NEWSLETTER



25TH OCTOBER 2024

Dear Parents/Carers

### Reading

This week, we have had the Scholastic Book Fair in school. Thank you to those who have visited and purchased books. The importance of listening to children read cannot be overstated. Ideally children should read for 20 minutes each day. Part of this occurs in school, but part of this should also be at home. This is something we strongly encourage all parents and carers to do.

### Parents' Evening and Coffee Mornings

Thank you to those parents/carers who have engaged in our Parents' Evening and coffee mornings this week. The benefit of having meaningful conversations between the most influential people in a child's education is not to be underestimated; effective feedback is widely accepted to be the key to supporting our children's learning most successfully. Please see details below of the next coffee morning where we will discuss the SEND Information Report.

### Year 6 Parents

Just another reminder to apply for your child's secondary school place, if you have not already. If you live in Birmingham, please submit your child's application before the final closing date of 31 October 2024 (11:59 pm) via the following link <https://eadmissions.birmingham.gov.uk/prefs.php>. Applications received after this date are less likely to be offered one of their preferred schools.

Thank you for your continued support and I hope that you have a lovely half term break.

Miss Cross  
Head of School

## Relationships Education Consultation

The parent consultation period regarding the teaching of relationships education, which is part of the Personal Development Curriculum at Heath Mount Primary will end on **4th November 2024**. The draft policy and lessons are available to view on our website at [www.heathmount.excelsiormat.org](http://www.heathmount.excelsiormat.org). Please submit any comments by this date using the [consultations@excelsiormat.org](mailto:consultations@excelsiormat.org) email.

## DATES FOR YOUR DIARY



-  Friday 25th October - School closes at 1:00 pm for the half term break 
-  Monday 4th November - Staff Inset Day - School closed for pupils 
-  Tuesday 5th November - Children return to School 
-  Tuesday 5th November - Class 4A Swimming (Every Tuesday until 17th December) 
-  Friday 15th November - Children In Need Day, Non-Uniform Day 
-  Tuesday 19th November - SEND Coffee Morning, 9:00-10:00 
-  Friday 20th December - School will close at 1:00 pm for the Christmas break 
-  Monday 23rd December - Friday 3rd January - Christmas Break 
-  Monday 6th January - Children return to school 

## RECEPTION ADMISSIONS FOR SEPTEMBER 2025 NOW OPEN

[Apply Now](#)

Is your child starting Reception in September 2025?

You can apply for a reception primary school place between 1st October and 15th January.

Applications must be made online via [www.birmingham.gov.uk/schooladmissions](http://www.birmingham.gov.uk/schooladmissions)



HEATH MOUNT PRIMARY SCHOOL

The deadline for applying for your child's school reception place is:

**JANUARY 15**

For more information  
0121 464 1691

Stay in touch:



[enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org)



0121 464 1691



[www.heathmount@excelsiormat.org](http://www.heathmount@excelsiormat.org)

# PE TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday
Year 6 Class 1B	Class 1PB Class 4P Class 4A (Swimming)	Year 3 Class 2RZ	Year 5 Class 2Z	EYFS



Plain, white T-Shirt/polo shirt  
 A blue school jumper in cold weather  
 Black shorts, plain black tracksuit bottoms or black leggings  
 Trainers/black pumps  
 Elasticated blue, black or white headscarf (if appropriate)

Children must wear their PE uniform from home on the day of their PE lesson



# HEATH MOUNT PRIMARY MENU

## WEEK 3

16/09, 07/10, 04/11, 25/11, 02/12

Allergen information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens. Accurate labelling, to please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

### MONDAY

Homemade Chicken & Leek Pie  
 Fish Fingers  
 Served with Lemon Wedge & Tartare Sauce  
 Vegetarian Sausage (V)  
 Spiced Potato Wedges  
 Veg of the Day  
 Raspberry & Vanilla Ice Cream Cake  
 Fresh Fruit/Jelly

### THURSDAY

Spicy Beef Pizza with a Sweet Chill Dip  
 Margherita Pizza (V)  
 Chipped Potatoes  
 Veg of the Day  
 Lemon Drizzle Cake  
 Fresh Fruit/Jelly

### TUESDAY

Chicken Burger  
 Vegetable Burger (V)  
 Paprika Sauté Potatoes  
 Veg of the Day  
 Chocolate Concrete with Custard/Fresh Fruit/Jelly

### FRIDAY

Chinese Chicken Curry Served with Steamed Rice  
 Vegetable Samosa Served with Steamed Rice & Curry Sauce (V)  
 Five Spice Wedges  
 Veg of the Day  
 Fruit Shortbread  
 Fresh Fruit/Jelly

### WEDNESDAY

Roast Beef  
 3 Cheese & Roast Vegetable Parsley Pasta Bake (V)  
 Crunchy Roasts  
 Veg of the Day  
 Ice Lolly  
 Fresh Fruit/Jelly

### AVAILABLE DAILY

Fresh Salad Cart

Jacket Potato with Fillings

ALL MEALS ARE HALAL



COOMBS

# Star of the Week



Year 1 – Arjun and Safa  
 Asma and Muhaddis

Year 2 – Alaa and Khadijah  
 Mohammed and Daren

Year 3 – Humaira and Zyra  
 Fatima and Abeeha

Year 4 – Maryam and Justin  
 MarkSteve and Aylah

Year 5 – Abdul-Haseeb and Nada  
 Sepehr and Umaima

Year 6 - Kayla and Husam  
 Hudeyfa and Rabia

Well done to all the children who have been in school every day and on time especially class 6JB who achieved 100% attendance last week!

The classes with the highest attendance in each phase group last week are as follows;

## Attendance of the Week

### EYFS & Key Stage 1

2Z 97.4%

### Lower Key Stage 2

4A 94.1%

### Upper Key Stage 2

6JB 100%



Be an attendance HERO  
 Here Everyday Ready Ontime

## HOT CHOCOLATE FRIDAY

Well done to all the children who have been nominated. This week's winners are:

- Year 1 – Rabwah & Joel
- Year 2 – Daren & Galyl
- Year 3 - Yusuf
- Year 4 – Reem
- Year 5 - Noorsin
- Year 6 - Rabia







Your school has a vacancy for a parent governor



Parent governors:

- play a key role in the overview of our schools by monitoring progress in the curriculum
- attend five meetings of the Governing Board per year
- hold the school's leadership to account



For more information: email [governance@excelsiormat.org](mailto:governance@excelsiormat.org) by 8th November

[www.excelsiormat.org](http://www.excelsiormat.org)

**Let's PARTY!**  
YOU ARE INVITED TO THE BIG **TENNIS** PARTY  
SATURDAY 9TH NOVEMBER  
**FREE** 1PM - 3PM

EDGBASTON PRIORY CLUB

SCAN ME!

Sense Swimming sessions take place on Thursdays (school term time only), 12pm - 1pm at Ladywood Leisure Centre, Ladywood Middleway, Birmingham, B16 8TR



**Sense Swimming Sessions**  
Ladywood Leisure Centre

Sense Swimming sessions are designed for people with complex disabilities to enjoy use of a community swimming pool, with dedicated access to half of the main pool and the whole of the small pool.

This session is aimed at anyone with disabilities aged 16 years and above. Please note that participants must be accompanied in the pool at all times.

- Day:** Thursdays (school term time only)
- Time:** 12pm - 1pm
- Location:** Ladywood Leisure Centre, Ladywood Middleway, Birmingham, B16 8TR
- Cost:** £3.85 per participant payable on arrival (carers attend free of charge)
- Accessibility:**
  - Changing Places (with hoist, changing bench and shower)
  - Accessible changing rooms
  - Pool Pod (wheelchair accessible lift to access the main pool)
  - Manual hoist
  - Graduated steps

Scan the QR code to book and for more information

Charity number 289865



**FREE!**  
**Birmingham Residents Event**  
"Winter is Coming"  
Thursday 31<sup>st</sup> October 2024

**BE PREPARED**  
**Winter is Coming**

Worried about energy bills and energy debt!!!  
**Act on Energy will be at:**  
**BIRMINGHAM REPERTORY THEATRE,**  
**6 CENTENARY SQUARE, BIRMINGHAM, B1 2EP**  
**Thursday 31<sup>st</sup> October 10:00a.m. - 3:30pm**

**We are offering:**

- ▶ **FREE** energy saving advice and small measures
- ▶ **FREE** fuel vouchers\*
- ▶ **FREE** advice on tackling fuel poverty & the cost of living
- ▶ **FREE** essential cooking & heating appliances\*

\*subject to eligibility criteria

ACT On Energy, Cadent Foundation, Birmingham City Council, West Midlands Combined Authority, Birmingham Community Welfare Charities

[www.actonenergy.org.uk](http://www.actonenergy.org.uk)



Mind Birmingham have a fantastic service available for adults 18years+ living in Birmingham whom may be living or experiencing any form of emotional distress such as low mood, isolation, stress, anxiety or suicidal ideation.

The service offers an extensive range of self-help, guidance and signposting. They also have access to BSMHT clinical support if needed., as they are an out of hours service, open every Thursday, Friday, Saturday and Sunday evening.

**Talking Space**  
Are You Having a Difficult Time?

Our Talking Space service offers an out of hours, safe place, to come and chat with our Crisis Intervention Workers. (with access to clinical support if needed)

**ERDINGTON SELLY OAK NORTHFIELD**

**WE CAN HELP WITH**

- ☑ Low Mood
- ☑ Struggling to Cope
- ☑ Anxiety
- ☑ Stress
- ☑ Suicidal Thoughts

**Drop In Days (No Appt.)**

- Erddington** Saturday & Sunday
- Selly Oak** Monday, Tuesday & Wednesday
- Northfield** Thursday, Friday, Saturday & Sunday

See reverse to book an appointment

Mind Birmingham, LivingWell, SHELLEY SHELLEY, NHS



**food justice network.**  
Birmingham, UK.

Scan this QR code to see the Food Justice Network Map

The map will show you details of free food support and food based activities nearby to you.

Or you can type this into your browser to open the Food Justice Network Map on a webpage: <https://tinyurl.com/foodjusticemap>

Each location shown on the F.J.N Map is an independent provider, requirements and access information may differ for each location. Please contact the location directly with any queries

Find FREE activities at: [www.theaws.co.uk/our-activities](http://www.theaws.co.uk/our-activities)

Search 'The Active Wellbeing Society' on social media

To add/edit your food provision on the map, or for further information, please contact: [foodjusticenet@theaws.org](mailto:foodjusticenet@theaws.org)

**fin. food justice network.** **The Active Wellbeing Society**

**Mental Elf Birmingham**  
Sunday 1st December 2024

**Festive Fun Run for everyone!**  
whether you walk, jog, skip or run, get your elf fancy dress at the ready!

Tickets available now!

access skills

**Sponsored by** access skills

**Mental Elf Birmingham**

Registered charity number 1003906

**October half-term Bikeability sessions**

Looking for fun things for your children to do during the October half-term? Then sign up for our free, fun Bikeability session! Level 1 available and level 2 for year 5 students and upwards. Bikes and helmets are provided!

These sessions run from Monday 28th October to Friday 1st November

10am - 12pm or 12.30 - 2.30pm

Billesley Tennis Centre, Wheelers Lane, Billesley, Birmingham, B13 0ST (Meet by the container hub)

Booking is essential! Please let us know the dates, venues, and number of young people you wish to book for via: [bikeability@theaws.org](mailto:bikeability@theaws.org) or call 0121 726 7030.

For more information, contact: [bikeability@theaws.org](mailto:bikeability@theaws.org)  
Phone: 0121 726 7030  
Website: [www.theaws.co.uk](http://www.theaws.co.uk)

[www.theaws.co.uk](https://www.theaws.co.uk)

**BIRMINGHAM CHILDREN & YOUNG PEOPLE'S PARTNERSHIP** **Green Square Accord** **Hall Green Families** **Selly Oak Families**

**Mind Birmingham**

**Mental Elf 2024**  
Festive Fun Run Sunday 1st December  
Sponsored by access skills  
Cannon Hill Park