

# HEATH MOUNT PRIMARY SCHOOL



## NEWSLETTER



20TH SEPTEMBER 2024

Dear Parents/Carers,

I feel very privileged to now be Head of School at Heath Mount. I am looking forward to working with everybody to continually improve our school.

The children have been working extremely hard and are really enjoying our new reading lessons. I have been so impressed with the behaviour shown by all of our children and the effort I am seeing from them with their handwriting and presentation. I have also been impressed with how our new reception children have settled into school life. They have been engaging really well with their teacher, teaching assistant, peers and with the learning opportunities our EYFS staff have created for them.

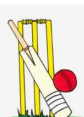
Thank you for your continued support and I hope that you have a lovely weekend.

Miss Cross  
Head of School

### After School Clubs – Autumn 2024



DAY	CLUB	YEAR GROUPS	TIME
Monday	Art Club	Year 2 - Year 6	3:20-4:20
Monday	Football Club	Year 5 - Year 6	3:20-4:20
Tuesday	Multi-Sports Club	Year 1 – Year 2	3:20-4:20
Wednesday	Football Club	Year 3 – Year 4	3:20-4:20
Thursday	Cricket Club	Year 5 – Year 6	3:20-4:20



Our after-school clubs will commence from next week. There is no cost to participate in these clubs. The numbers are limited for all after school clubs so places will be allocated on a first come first served basis.

You can book your child's place on our clubs by going to the Arbor App and registering your child for the club.

Please note: **All** children must be collected promptly at 4:20 pm by an authorised adult.

### Nasal Flu Vaccination

The annual nasal flu vaccination protects your child against flu, which can be an unpleasant illness and in rare cases can sometime cause serious complications.

The vaccination is given once yearly as a simple spray up each nostril, which is painless, very quick and serious side effects are uncommon. The School Aged Immunisation Service (SAIS) will be offering this vaccination in school on

**Friday 18th October.**

Please let us know as soon as possible if you **DO** or **DO NOT** want your child to have the recommended nasal flu vaccination by:

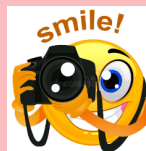
Completing the consent form on-line at:

<https://www.bchcschoolagevaccs.nhs.uk>

Quoting Letter Reference - 149366-535

Access Code - 4686

## School Photograph Day



On **Thursday 26th September**, the school photographer will be visiting Heath Mount Primary School. This is an opportunity for children to have their photograph taken individually and alongside their siblings.

Parents will have the option to purchase these photographs. If you **do not** want your child to be photographed, please inform the school office.

### 5 REASONS TO PROTECT YOUR CHILD AGAINST FLU

- 1 It's free!
- 2 Quick & easy nasal spray
- 3 Avoid taking time off work/school
- 4 Protect vulnerable family & friends
- 5 It's better than having flu!



Stay in touch:



[enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org)



0121 464 1691



[www.heathmount@excelsiormat.org](mailto:www.heathmount@excelsiormat.org)

# PE TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday
Year 6 Class 1B	Class 1PB Class 4A Class 4P (Swimming)	Year 3 Class 2RZ	Year 5 Class 2Z	EYFS

Plain, white T-Shirt/polo shirt

A blue school jumper in cold weather

Black shorts, plain black tracksuit bottoms or black leggings

Trainers/black pumps

Elasticated blue, black or white headscarf (if appropriate)



Children must wear their PE uniform from home on the day of their PE lesson



## Secondary School Applications

### Do you have a child in Year 6?



The deadline for year 6 secondary school places is **31st October 2024**. Please ensure that you have submitted the online application form before this date. If you require assistance with the application process, Mrs Andrews and Mrs Ikhaq will be holding support sessions to assist any parents who require assistance to complete the online application form.

Year 6 children have been given a letter explaining these sessions in more detail.

Please follow this link to submit your child's secondary school application.

[www.birmingham.gov.uk/schooladmissions](http://www.birmingham.gov.uk/schooladmissions)



Year 1 – Hareem and M. Abdulrahman Umar and Dalya

Year 2 - Abdullahi and Hamza Nesmah and Hammam

Year 3 - Jerry and Salima

Year 4 – Reem and Abu-Bakr Aylah and Sarah

Year 5 – Yasmin and Zakariyyah Tuleesha and Adam

Year 6 - Huda and Rasan Neveah and Amal

# HEATH MOUNT PRIMARY MENU

## WEEK 1

02/09, 23/09, 14/10, 11/11, 04/12

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labeling so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

### MONDAY

Lamb Biryani  
Served with Naan Bread  
Vegetable Biryani  
Served with Naan Bread (V)  
Battered Fish  
Served with Potato Wedges  
Veg of the Day  
1/2 Waffle with Toffee Sauce  
Fresh Fruit/Jelly

### THURSDAY

Homemade Jerk Chicken & Sweet Pepper Pizza  
Homemade Margherita Pizza (V)  
Chipped Potatoes  
Veg of the Day  
Pancake & Sauces  
Fresh Fruit/Jelly

### TUESDAY

Spaghetti Bolognese  
Served with a Garlic Slice  
Cheese, Leek & Potato Pie (V)  
Herb Diced Potatoes  
Veg of the Day  
Chocolate & Beetroot Brownie  
Custard/ Fresh Fruit/Jelly

### FRIDAY

Cottage Pie  
Vegetable Spring Rolls,  
Served with Noodles  
& Oriental Vegetables (V)  
Veg of the Day  
Chocolate Cornflake Cake  
Fresh Fruit/Jelly

### WEDNESDAY

Chicken Sausage  
Served with Onion Gravy  
Fishless Fingers  
Served with Lemon Wedge & Tartare Sauce (V)  
Mashed Potatoes  
Veg of the Day  
Cherry Flapjack  
Fresh Fruit/Jelly

### AVAILABLE DAILY

Fresh Salad Cart

Jacket Potato with Fillings

ALL MEALS ARE HALAL



COOMBS

## DATES FOR YOUR DIARY



**THURSDAY 26TH SEPTEMBER –**

**SCHOOL PHOTOGRAPH DAY**



**FRIDAY 18TH OCTOBER –**

**WHOLE SCHOOL FLU IMMUNISATIONS**

**MONDAY 28TH OCTOBER – FRIDAY 1ST**

**NOVEMBER – HALF TERM BREAK**



**MONDAY 4TH NOVEMBER – STAFF INSET DAY**

**– SCHOOL CLOSED FOR PUPILS**



**TUESDAY 5TH NOVEMBER –**

**CHILDREN RETURN TO SCHOOL**



Well done to all the children who have been in school every day and on time.  
The classes with the highest attendance in each phase group last week are as follows;

### Attendance of the Week

EYFS

RG 96.7%

Key Stage 1

2Z 97.6%

Lower Key Stage 2

3A 99.3%

Upper Key Stage 2

5S 99.6%



Be an attendance HERO  
Here Everyday Ready Ontime



# Rights Respecting Article

We are actively promoting children's rights and ensuring they know them. Please see an 'Article of the Week' below for you to share with your child.

## International Day of Peace

**The International Day of Peace** ("Peace Day") is observed around the world each year on 21<sup>st</sup> September. Established in 1981 by unanimous United Nations resolution at the General Assembly, it has been declared as a day devoted to "*commemorating and strengthening the ideals of peace both within and among all nations and peoples.*"

Peace Day provides a globally shared date for all humanity to commit to peace above all differences and to contribute to building a culture of peace.

Each year there is a particular focus with resources and ideas on how to get involved: <https://internationaldayofpeace.org/>

Peace, human rights and the Sustainable Development Goals (SDGs) are all closely connected because building a peaceful world needs all people everywhere to have their rights protected and respected, to have the resources they need and to live and thrive in a clean, safe environment. For this to happen, we need stable, caring governments making decisions and working together to ensure the safety of people and the planet.

## EXPLORING INTERNATIONAL DAY OF PEACE

### Did you think of these?

- Feeling calm, quiet, still
- Feeling safe wherever you are (in school, at home, in your community)
- Knowing you can trust the people around you
- Living in harmony with others
- Being the person you want to be without fear
- Supporting others who need help
- Living in a world without conflict or violence
- Living in a world where people respect and value each other
- No discrimination
- A just and fair government you can trust
- Living in an inclusive community without racism or hate
- Acting in a way that helps others to feel calm and happy

### What else did you think of?