

HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



15TH NOVEMBER 2024

Dear Parents/Carers,

Anti-Bullying Week

The children have enjoyed taking part in different activities this week to support anti-bullying week. Well done to everyone!

Remembrance Day

On Monday we held a two-minute silence at 11.00am to mark Remembrance Day. This was observed and respected by all at our school.

Children In Need

Today was Children in Need Day. As a school, we managed to raise £202.23. Thankyou for your support and generosity with raising money for this wonderful charity.

Thank you for all of your continued support.

Miss Cross

Head of School

UPCOMING EVENTS

Tuesday 19th November - SEND Parents' Coffee Morning - 9:00-10:00

Wednesday 20th November - Open Day for Reception 2025 Intake

Wednesday 11th December - Winter Fayre

Thursday 12th December - Christmas Jumper Day

Friday 20th December - School will close at 1:00 for the Christmas break

Monday 23rd December - Friday 3rd January - Christmas Break

Monday 6th January - Children return to school

Rights Respecting School Award - UNICEF



We are thrilled to announce that Heath Mount Primary School has been awarded the Bronze Rights Respecting School Award, a testament to our commitment to fostering a culture of respect and understanding among our whole school community. This achievement reflects our dedication to incorporating the principles outlined in the United Nations Convention on the Rights of the Child (UNCRC) into our school community.

The Bronze Rights Respecting School Award recognises our efforts in teaching children about their rights and responsibilities, as outlined by UNICEF. Through engaging and age-appropriate activities, we empower our students with the knowledge and understanding of the UNCRC, promoting a sense of social responsibility and global citizenship.

Reception Admissions For September 2025 Now Open

Is your child due to start Reception in September 2025? **The Deadline for applying for a reception school place is 15th January 2025.** Please ensure that you have submitted the online application form before this date.

If you require assistance with the application process, Mrs Andrews will be holding support sessions for any parents who require assistance to complete the online application form.

The deadline for applying for you child's school reception place is:



These support sessions will take place in our Community Hub, every Tuesday from 9:00-11:00.

Stay in touch:



enquiry@heathmount.excelsiormat.org



0121 464 1691



www.heathmount@excelsiormat.org

THURSDAY 12TH DECEMBER

CHRISTMAS JUMPER DAY

ON THURSDAY 12TH DECEMBER, WE'RE INVITING ALL PUPILS TO TAKE PART IN SAVE THE CHILDREN'S ANNUAL CHRISTMAS JUMPER DAY. WE ARE ENCOURAGING CHILDREN TO COME TO SCHOOL DRESSED IN THEIR FAVOURITE CHRISTMAS KNITWEAR. THIS WILL BE A NON-UNIFORM DAY SO CHILDREN CAN COME TO SCHOOL IN THEIR NORMAL CLOTHES. IF YOUR CHILD DOES NOT HAVE A CHRISTMAS JUMPER, THEY CAN COME TO SCHOOL IN A RED OR SPARKLING TOP.

DONATE £1

Save the Children CHRISTMAS JUMPER DAY

Christmas RAFFLE PRIZE DRAW

WANT A CHANCE TO WIN SOME AMAZING PRIZES? ENTER OUR RAFFLE PRIZE DRAW TODAY!

Raffle tickets can be bought before, during or after school. Please look out for our staff with the raffle ticket books. The Raffle Draw will take place in the end of term assembly when the winners will be announced.

25p for 1 ticket or 5 tickets for £1

Ticket prizes

Excelsior Multi-Academy Trust

Your school has a vacancy for a parent governor

Parent governors:

- play a key role in the overview of our schools by monitoring progress in the curriculum
- attend five meetings of the Governing Board per year
- hold the school's leadership to account

For more information: email governance@excelsiormat.org by 22nd November

www.excelsiormat.org

HEATH MOUNT PRIMARY SCHOOL

Excelsior Multi-Academy Trust

OPEN DAY

WEDNESDAY 20TH NOVEMBER

9:15 AM - 10:15 AM OR 4:45 PM - 5:45 PM

HEATH MOUNT PRIMARY SCHOOL

Come and see the exciting learning opportunities available in our fabulous EYFS setting. We pride ourselves on being an inclusive community where everyone is made to feel welcome and valued. Reading is at the heart of our curriculum. Under new leadership, we are a team who are dedicated to pupil development and strive for every child to receive a well-rounded education.

Please book a session by scanning the QR code or phone the school office on the number below.

ADDRESS: www.heathmount.excelsiormat.org (0121) 464 1691

EARLY HELP SEND SUPPORT SESSION **FREE**

The Springfield Project, B13 9NY
Monday 25th November - 1pm - 3pm

Our SEND Support Sessions covers topics ranging from:

- ASD Assessment processes – What to Expect
- Diet and Nutrition
- Sensory Processing
- What is an EHCP?
- Typical behaviours
- EHCP's – What do they mean and how they can help?
- What support is local and available to families?
- Q&A with Early Help

ATTENDEES MUST REGISTER - CLICK HERE TO TAKE PART!

07570 953519 | www.hallgreenfamilies.org.uk | hallgreen.families@greensquareaccord.co.uk

HEATH MOUNT PRIMARY MENU

WEEK 2
04/09, 30/09, 21/10, 18/11, 16/12

MONDAY

- Chicken Tikka Fillet or Vegetable Tikka Curry (V)
- Served with Boiled Rice & Naan Bread
- Sea Stars
- Served with Lemon Wedge & Tartare Sauce
- Pomme Noisette
- Veg of the Day
- Ice Cream
- Fresh Fruit/Jelly

TUESDAY

- Homemade Beef or Vegetable Lasagne (V)
- Served with a Garlic Slice
- Chicken or Vegetarian Sausage (V) Hot Dog
- Served with Ketchup or Chili Sauce
- Sauté Potatoes
- Veg of the Day
- Syrup Sponge & Custard
- Fresh Fruit/Jelly

WEDNESDAY

- Shepherds Pie
- Vegetable Casserole (V)
- Battered Fish
- Rosemary Diced Potatoes
- Veg of the Day
- Chocolate Chip Cookie
- Fresh Fruit/Jelly

THURSDAY

- Homemade Cajun Chicken Pizza
- Homemade Margherita Pizza (V)
- Chipped Potatoes
- Veg of the Day
- Strawberry Mousse
- with Sprinkles/Fresh Fruit/Jelly

FRIDAY

- Fish Pie
- Mediterranean Vegetable Pasta with Garlic Flatbread (V)
- New Potatoes
- Veg of the Day
- Carrot Cake
- Fresh Fruit/Jelly

AVAILABLE DAILY

- Fresh Salad Cart
- Jacket Potato with Fillings

ALL MEALS ARE HALAL

VEGETARIAN

STAY HYDRATED

COOMBS

Allergen Information: Menu descriptions may not list every individual ingredient. We use levels of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetation options are indicated by the symbol (V).

SEND COFFEE MORNING

We would like to invite parents/carers to our SEND coffee morning. This is a chance to meet other parents as well as members of external organisations who support your child at Heath Mount.

The SEND coffee morning will take place on **Tuesday 19th November at 9.00-10.00.** This coffee morning will be hosted by the Autism team. The session will be about Sensory processing. All parents and carers are welcome to attend.

Excelsior Multi-Academy Trust

PE TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday
Year 6 Class 1B	Class 1PB Class 4P Class 4A (Swimming)	Year 3 Class 2RZ	Year 5 Class 2Z	EYFS



Plain, white T-Shirt/polo shirt
 A blue school jumper in cold weather
 Black shorts, plain black tracksuit bottoms or black leggings
 Trainers/black pumps
 Elasticated blue, black or white headscarf (if appropriate)

Children must wear their PE uniform from home on the day of their PE lesson



Year 1 – Zain and Arham
 Maryam and Yara

Year 2 – Ahmed and Inaaya
 Sarah and Absalat

Year 3 – Uzair and Sumaya
 Dina and Ibrahim

Year 4 – Maya and Maryam
 Sabeen and Jonathan

Year 5 – Khadijah and Yusuf
 Hiiija and Harmony

Year 6 - Safwan and Anaya
 Abdulwadod and Amal

Spelling Shed

CHAMPIONS

Congratulations

Nada Y5,

Zakariyya Y5,

Hudayfa Y6



TIMES TABLES ROCK STARS

OUT OF EVERYONE IN YEAR 3, YEAR 4, YEAR 5, YEAR 6 ARE...

2ND PLACE: ASYA M.

1ST PLACE: SAAD C.

3RD PLACE: JUSTIN I.

TOP 3 PUPILS BASED ON... MOST MINUTES PLAYED OVER THE LAST 7 DAYS OUT OF EVERYONE IN YEAR 3A, 3B, 4A, 4B, 5A, 5B, 6A, 6B ARE...

1ST PLACE: ZOHAIR

2ND PLACE: TURAAAB

3RD PLACE: AMANI

HOT CHOCOLATE FRIDAY

Well done to all the children who have been nominated. This week's winners are:

- Year 1 – Hareem & Yusuf
- Year 2 – Alayna & Afnan
- Year 3 – M. Ijaaz & Haleema
- Year 4 – Lany & Zakariyah
- Year 5 – Zakariyyah & Abdul-Haseeb
- Year 6 – Khansaa & Maysa



Well done to all the children who have been in school every day and on time.

The classes with the highest attendance in each phase group last week are as follows;

Attendance of the Week

EYFS & Key Stage 1

2Z 96.8%

Lower Key Stage 2

4A 94.5%

Upper Key Stage 2

6JB 97.5%



Be an attendance HERO Here Everyday Ready Ontime

Rights Respecting Article

We are actively promoting children's rights and ensuring they know them. Please see an 'Article of the Week' below for you to share with your child.

Anti-Bullying Week

Anti-bullying Week is held each year in November and is a time for all of us to think about how we can develop positive relationships in school based on dignity and respect, take a proactive approach to preventing bullying and also support people who have faced or are facing bullying.

There are a number of articles from the CRC that link to Anti-Bullying Week including Article 2, which states that the convention applies to all children without discrimination, Article 12 which says that children's views should be taken seriously in all decisions that affect them, Article 13 which says that children have the right to express their thoughts and opinions and Article 19 which says that all children should be protected from violence and abuse.



REFLECTION

Take a little time to think...find somewhere quiet and give yourself some space...

- Think about how it feels when you experience kindness from others.
- Why does kindness matter in our lives and our relationships?
- Think of one thing you could do today to show kindness to somebody.
- Think of one way that you might be able to show support and kindness if you ever become aware of somebody being bullied.

EXPLORING ANTI-BULLYING WEEK

Did you think of these?

- It is repeated behaviour that treats another person badly over time.
- Behaviour that makes you feel unsafe and/or puts you down as a person.
- Physical – aggressive or violent, being pushed, hit, kicked, intimidated.
- Verbal – name-calling, threatening, being laughed at, teasing, being shouted at.
- Social – being purposefully excluded from plans with your 'friends'.
- Cyber bullying (online, on social media or gaming forums) – unkind comments, sharing photos with negative comments.
- Discrimination - against race, nationality, sexuality, faith or another protected characteristic.
- Sexual bullying – unwanted sexual comments or contact, spreading of sex rumours.
- Emotional or psychological – when someone gets what they want by making others feel angry/sad (manipulation) or being told they are not good enough.

What else did you think of?