

# HEATH MOUNT PRIMARY SCHOOL



## NEWSLETTER



11TH OCTOBER 2024

Dear Parents/Carers

This week we have had a lovely week with our learning. All of the children enjoyed the CO safety assembly. They explored Carbon Monoxide, what it is, where it can be found and how to keep our homes safe.

The firefighters from our local fire station also visited year 4 this week. The children watched a short film to show them how quickly fire spreads and also explored smoke detectors, escape plans, fire hazards, in-car safety and how to make an emergency call. If you would like a smoke detector fitted for free, please contact Highgate Fire Station on 0121 380 7531.

If you have any queries or questions, please do not hesitate to contact me on [enquiry@heathmount.excelsiormat.org](mailto:enquiry@heathmount.excelsiormat.org)

Have a lovely weekend  
Miss Cross  
Head of School

### DATES FOR YOUR DIARY



- Wednesday 16th October – Reception Open Day for September 2025 intake at 9:15 am and 5:00 pm
- Thursday 17th October – Settling into Reception Support Session from 9:00am-10:00am
- Friday 18th October – Whole School Flu Immunisations
- Monday 21st October – SEND Parents' Coffee Morning at 9:00 am
- Monday 21st October – Friday 25th October Scholastic Book Fair
- Wednesday 23rd October – Parents' Road Safety Coffee Morning – at 9:00 AM
- Wednesday 23rd October – Parents' Evening
- Thursday 24th October – Parents' Evening
- Monday 28th October – Friday 1st November – Half Term Break
- Monday 4th November – Staff Inset Day – School closed for pupils
- Tuesday 5th November – Children return to School

On Tuesday 8th October, the firefighter's from the West Midlands Fire Service visited Heath Mount Primary School! Year 4 learnt about their equipment, uniform and the importance of fire safety. Year 4 had a wonderful time and many thanks to the firefighters who took time out of their very busy day to visit us.

We had another great turnout from our wonderful parents for our EYFS information meeting and KS1 meeting on Wednesday. Parents gained an insight on how they can support their child with their learning. They even got the chance to take part in a fun activity with their child.



### Absence Reporting Procedure

- Telephone the school on 0121 464 1691 before **8.30 am each day** of your child's absence.
- Tell the school in advance, of any medical appointments and bring in appointment cards/letters.
- If you are not sure whether your child is well enough to attend school, send them in anyway as they often perk up on arrival.
- Have a backup plan for if your child misses transport, call on a family member, neighbour or friend.
- If you and your child are experiencing difficulties with school attendance then talk to us as a first step so we can help!

### Do I need to keep my child off school?

<b>Whooping Cough</b> 48 Hours after commencing antibiotics	<b>Chicken Pox</b> Until all spots have crusted over	<b>Conjunctivitis</b> No need to stay off but school or nursery should be informed	<b>Diarrhoea &amp; Vomiting</b> 48 hours from last episode	<b>Glandular Fever</b> No need to stay off but school or nursery should be informed	<b>Hand, foot &amp; mouth</b> No need to stay off but school or nursery should be informed
<b>Measles or German Measles</b> 4 days from onset of rash	<b>Mumps</b> 5 days from onset of swelling	<b>Scabies</b> Until after first treatment	<b>Scarlet Fever</b> 24 hours after commencing antibiotics	<b>Slapped Cheek</b> No need to stay off but school or nursery should be informed	
<b>Impetigo</b> Until lesions are crusted & healed or 48 Hours after commencing antibiotics	<b>Flu</b> Until recovered	<b>Head Lice</b> No need to stay off but school or nursery should be informed	<b>Threadworms</b> No need to stay off but school or nursery should be informed	<b>Tonsillitis</b> No need to stay off but school or nursery should be informed	



# PE TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday
Year 6 Class 1B	Class 1PB Class 4A Class 4P (Swimming)	Year 3 Class 2RZ	Year 5 Class 2Z	EYFS



Plain, white T-Shirt/polo shirt

A blue school jumper in cold weather

Black shorts, plain black tracksuit bottoms or black leggings

Trainers/black pumps

Elasticated blue, black or white headscarf (if appropriate)

Children must wear their PE uniform from home on the day of their PE lesson



# HEATH MOUNT PRIMARY MENU

## WEEK 1

02/09, 23/09, 14/10, 11/11, 04/12

Allergen information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol on...

### MONDAY

Lamb Biryani  
Served with Naan Bread  
Vegetable Biryani  
Served with Naan Bread (V)  
Battered Fish  
Served with Potato Wedges  
Veg of the Day  
1/2 Waffle with Toffee Sauce  
Fresh Fruit/Jelly

### THURSDAY

Homemade Jerk Chicken & Sweet Pepper Pizza  
Homemade Margherita Pizza (V)  
Chipped Potatoes  
Veg of the Day  
Pancake & Sauces  
Fresh Fruit/Jelly

### TUESDAY

Spaghetti Bolognese  
Served with a Garlic Slice  
Cheese, Leek & Potato Pie (V)  
Herb Diced Potatoes  
Veg of the Day  
Chocolate & Beetroot Brownie  
Custard/ Fresh Fruit/Jelly

### FRIDAY

Cottage Pie  
Vegetable Spring Rolls.  
Served with Noodles & Oriental Vegetables (V)  
Veg of the Day  
Chocolate Cornflake Cake  
Fresh Fruit/Jelly

### WEDNESDAY

Chicken Sausage  
Served with Onion Gravy  
Fishless Fingers  
Served with Lemon Wedge & Tartare Sauce (V)  
Mashed Potatoes  
Veg of the Day  
Cherry Flapjack  
Fresh Fruit/Jelly

### AVAILABLE DAILY

Fresh Salad Cart

Jacket Potato with Fillings

ALL MEALS ARE HALAL



COOMBS



Year 1 – Zayd and Joel  
Muqadas and Judy

Year 2 – Affan and Absalat  
Ahmed and Awo

Year 3 – Zyra and Hisham  
Maliha and Aya

Year 4 – Ajwa and Yameen  
Zainab and Haleema

Year 5 – Amani and Ethan  
Hamza and Blqis

Year 6 – Anaya and Reem  
Aminah and Keyaan



## Spelling Shed

### CHAMPIONS

11.10.24

### Congratulations

Gabriella 4P

Alifa 6B

Yousef 6B



## HOT CHOCOLATE FRIDAY

Well done to all the children who have been nominated. This week's winners are:

- Year 1 – Dalya, Rabwah & Hareem
- Year 2 – Khadijah & Isaac
- Year 3 - Amelia
- Year 4 – Abu-Bakr
- Year 5 - Ibrahim
- Year 6 - Alifa



Well done to all the children who have been in school every day and on time.

The classes with the highest attendance in each phase group last week are as follows;

### Attendance of the Week

#### EYFS & Key Stage 1

1PB 99.2%

#### Lower Key Stage 2

30 97.0%

#### Upper Key Stage 2

6B 94.6%



Be an attendance HERO  
Here Everyday Ready Ontime



HEATH MOUNT PRIMARY SCHOOL



**HEATH MOUNT  
PRIMARY SCHOOL**

**OPEN DAY**

**WEDNESDAY 16TH  
OCTOBER**



*COME AND SEE THE EXCITING LEARNING OPPORTUNITIES  
AVAILABLE IN OUR FABULOUS EYFS SETTING.*

*VISITS AVAILABLE AT 9:15 AM OR 5:00PM.  
PLEASE BOOK A SESSION BY USING THE LINK/QR CODE  
BELOW OR PHONE THE SCHOOL OFFICE ON THE NUMBER  
BELOW.*

***HEATH MOUNT PRIMARY SCHOOL OPEN DAY BOOKING FORM***



## Why Choose Heath Mount?

- Fun & Engaging Curriculum
- Parent Community Support
- Curriculum related visits
- Excellent pastoral care
- Regular communication with Parents



**ADDRESS**  
Knutsford Street, Balsall  
Heath, Birmingham, B12 9SR



**FOR MORE INFO**  
[www.heathmount.excelsiormat.org](http://www.heathmount.excelsiormat.org)



**(0121) 464 1691**



## Settling into Reception Support with Dr Fran Dutton



Come and join us for a session with Dr Fran Dutton who will give parents/carers top tips to ensure your child is healthy and happy to ensure they can make friends and learn!



Location: Heath Mount Primary School  
Time: 17th October 9am-10am



# SEND Coffee Morning



Heath Mount Primary School would like to invite parents/carers to our SEND Coffee Morning. This is a chance to meet other parents as well as members of external organisations who support your child at school such as The Educational Psychologist, Pupil School Support and The Communication and Autism team.



All parents/carers are welcome to attend  
on **Monday 21st October, 9:00 am** in the  
**lower hall.**



Wednesday 23rd October  
at 9:00 am in the Lower  
Hall

## ROAD SAFETY COFFEE MORNING

We will be hosting a special coffee morning in partnership with our local Police Community Support Officers who will talk about the importance of road safety. They will offer plenty of support and advice on how we can keep our families safe on the roads.



## THE SCHOLASTIC BOOK FAIR

Monday 21<sup>st</sup> October –  
Friday 25<sup>th</sup> October

We will be selling a range of wonderful, engaging and affordable books at every reading level and children will have the opportunity to purchase a book of their choice.



YOU CAN FIND  
MAGIC  
wherever you look,  
SIT BACK AND RELAX,  
ALL YOU NEED IS  
A BOOK



-Dr. Seuss

